

Monday

Schedule is subject to change based on enrollment

Pink Room	Rainbow Room	Green Room
4:00-5:00 – Comp. Broadway	5:00-5:30 – Private	4:30-5:00 – Private
5:00-5:30 – Micro Mini ACRO	6:00-7:00 – Part Time Lyrical	5:00-6:00 – Beg/Int Tumbling
5:30-6:00 – Private	7:00-7:30 – Private	6:00-7:00 – Elite Acrobatics
6:00-7:00 – Mini Jazz	8:15-8:45 - Private	7:00-8:00 – Prelite Acrobatics
7:00-7:30 - Private	8:45-9:15 - Private	
7:30-8:30- Elite Jazz		

Tuesday

Schedule is subject to change based on enrollment

Pink Room	Rainbow Room	Green Room
4:00-5:00 – Advanced Ballet	4:00-5:00 – Tiny Toes Ballet / Jazz	4:15-5:00 – Mini Acrobatics
5:00 -6:00 - Pointe	5:00 – 6:00 – Prelite Ballet	6:00-7:00 – Advanced Acrobatics
6:00-7:00 – Kids TLC (Competitive)	6:00-6:30 – Kids Jazz	7:00-8:00 – Teen Silks*
7:00-8:00 – Intermediate Ballet	6:30-7:00 – Kids Lyrical	8:00-9:00 – Advanced Tumbling
8:00-9:00 – Teen Contemporary	7:00-7:30 – Boys Hip Hop	
	7:30-8:15 – Teen Hip Hop	

Wednesday

Schedule is subject to change based on enrollment

Pink Room	Rainbow Room	Green Room
4:30-5:15 – Competitive Weggsphere	4:30-5:15 – Weebop / Tumble Tots*	4:00-4:30 – Private
5:15-6:15 – Prelite Hip Hop	5:15-6:00 – Beginner Ballet	5:15-6:15 – Beginner Acro
6:15-7:00 - Broadway	6:00-6:30 – Beginner Kids Tap	6:15-6:45 – Private
7:00-7:30 – Hand Balancing*	6:30-7:00 – Youth Lyrical	6:15-6:45 – Kids Hoop*
7:30-8:00 – Contortion*	7:00-7:45 – Youth / Teen Jazz	6:45-7:45 – Adult Hoop*
8:00-8:30 – Weggsphere*	7:45-8:45 – Int/ADV Tap	7:45-8:30 – Stilts*

Thursday

Schedule is subject to change based on enrollment

Pink Room	Rainbow Room	Green Room
4:15-5:00 – Tiny Toes Acro	5:00-5:30 – Tiny Toes Tap / Ballet	4:15-4:45 – Private
5:30-6:00 – Private	5:30-6:00 – Tiny Toes Tap / Ballet	4:45-5:30 – Level 2/3 Aerial Silks*
6:00-7:00 – Large Group Lyrical	6:00-6:30 – Tiny Toes Hip Hop	5:30-6:15 – Intro to Silks*
7:00-8:00 – Elite Contemporary	6:30-7:15 – Kids Hip Hop	6:15-7:00 – Silks Level 1*
8:00-9:00 – Elite TLC		7:00-7:30 – Trapeze (<i>all levels</i>)*
		7:30-8:15 – Int. Acrobatics
		8:15-9:00 – Adult Silks

Friday

Schedule is subject to change based on enrollment

Pink Room	Rainbow Room	Green Room
4:00-4:30 – Private	5:15-5:45 – Weebop*	4:15-4:45 – Private
4:30-5:30 – Youth Hoop (<i>all levels</i>)*		4:45-5:15 – Private
5:30-6:00 – Private		5:45-6:15 - Private
6:00-6:45 - Private		

2022/2023 APEX Dance Schedule

***classes are ten week sessions.**